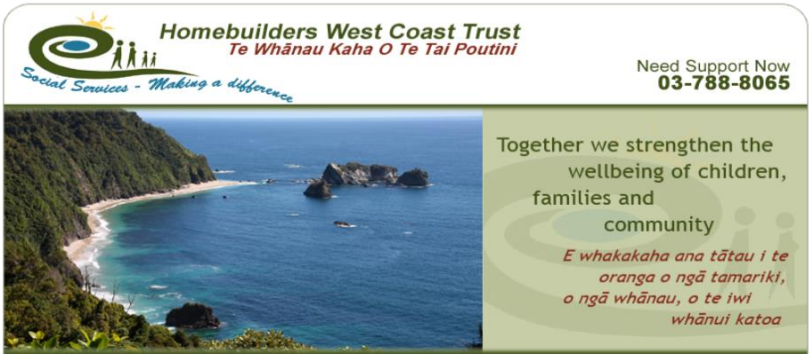

November 2019 Newsletter Issue 26

Introducing our new Practitioners

Mary Smith

Mary Smith provides counselling to West Coast/Buller people through Homebuilders, ACC, the West-Coast branch of 'The Nelson Clinic', and employee assistance programmes. Mary works with adults on a range of issues including anxiety, anger, depression, grief, loss, relationship and workplace issues, and abuse.

Vanessa Bruce

Vanessa works in Westport with adults, couples and adolescents (14+). Vanessa aims to work with a person/whanau to support their growth, holistic wellness and connectivity. This may include developing self care/self management strategies, setting goals and healthy boundaries, building awareness of feelings, discovering values to find meaning or exploring whanau and social support networks. Vanessa uses strengths based and Te Whare Tapa Wha / Holistic Wellbeing modalities.

Rosa Heney

Rosa is a registered Clinical Arts Therapist based in Greymouth. At present, she works with individuals - adults, youth, and children over 5 years of age and regularly visits Westport, travelling from her base in Greymouth.

Arts therapy links the mind and body with our inherent ability to engage within the creative process to problem solve, improving our capacities for coping with difficulties. As an ally and guide, Rosa works to establish a therapeutic relationship built on trust and agreed arts therapeutic goals. She uses a trauma informed, mindful and sensory approach, which doesn’t rely on our ability to put our experience into words.

Shelley Taylor

Shelley enjoys working alongside children and youth in a counselling role.

Having worked with youth in Kawatiri for many years and more recently with children, she uses kinesthetic learning techniques, tools and models to engage youth and children to process emotional challenges in a creative, fun and interactive way.

Welcoming our new Grey District SWiS Worker

Hello, I am Sarah Schmitz, the new Social Worker in Schools in Greymouth.
I am from Germany, but fell in love with the West Coast in 2016, while doing a placement for my Social Work degree at the Riding for the Disabled Hokitika for seven months. After coming back a second time for a holiday in 2017/18, I decided that I want to spend more time here. So here I am again. I have experience in working with children and worked in the mental health sector in Germany.
Now I am looking forward to getting involved in the community and Runanga School, Blaketown School, Cobden School and Paparoa Range School.

Congratulations

Congratulations to Laura Coll McLaughlin, our Board Chair, on her appointment to the West Coast Regional Council.

Also, congratulations to our new mayor, Jamie Cleine, and his newly appointed councillors. We look forward to working with you.

Festival for the Future

Festival for the Future is a remarkable weekend of inspiring speakers, hands-on workshops, future-focused panels, and a marketplace for great ideas. The Festival is the perfect platform to connect, be inspired, and build ideas and skills for the future.

We are proud of our local youth who attended and participated actively in the Festival for the Future.

The youth were able to take part in this amazing opportunity with the support of Buller REAP and Homebuilders West Coast Trust.

BROUGHT TO YOU BY.
INSPIRING
STORIES.
CHALLENGE BIPHOBIA
CHALLENGE TRANSPHOBIA

Jennian Homes

Calling for Christmas gift donations.
Let's help children of the West Coast this Christmas!

Jennian Homes West Coast has teamed up with local charity 'Homebuilders West Coast Trust', who provide essential social services to West Coast families in their time of need.

Jennian is collecting Christmas gifts for children in the Buller and Grey communities. We want to help all children have a joyful Christmas, please help us put a smile on our children's faces by donating gifts.

Gifts can be donated from 1st December - 17th December 2019 to the following:

Jennian Homes Westport – 128 Palmerston Street, Westport
Jennian Homes Greymouth – 76-78 High Street, Westport
Clock Tower Café – 41 Weld Street, Hokitika

Homebuilders West Coast Trust is a child and family support service based in Westport and Greymouth, who provide quality, essential social services to the children, families and whanau in our area.

Together we strengthen the well-being of children, families and community.
E whakakaha ana tatau i te oranga o nga tamariki, o nga whanau, o te iwi whanui katoa

For ease of distribution please label gifts with Gender and an age appropriate band. E.g. Boy 3-5 yrs old.

Homebuilders West Coast Trust
Social Services

Jennian HOMES
Your personality Our expertise

Sport Support Buller

Homebuilders West Coast Trust is very excited to announce two new business sponsors to the Sport Support Buller fund – Denniston Dog Restaurant and Fresh Choice Westport. We appreciate them coming on board and joining in this initiative for our local community. They join Rainbow Cake Kitchen and Homebuilders' Wishes in Westport fund, which contribute to the total funds available.

This fund is available to anyone aged 5-18 years in the Buller community to apply for assistance of $40 per child or young person per year. Our financial year is 01 July – 30 June for applications. We pay the amount direct to the sports provider, club, organisation or school.

We see the rising cost of sports subscriptions and fees for sports and activities and realise this is a struggle for many families. We value the social, emotional and physical well-being benefits from participating in sports and activities for our children and young people.

Application forms can be completed, and emailed or dropped into Homebuilders.

Thank you for your continued support.

Please note:
PO Box 132 Greymouth is now closed.
All mail is received via
PO Box 388
Westport.

Homebuilders West Coast Trust

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Greymouth Office: 03 7686665
11 Nelson Street, Greymouth

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Homebuilders West Coast Trust