

# Homebuilders West Coast Trust

Te Whānau Kaha O Te Tai Poutini



## FAMILY COUNSELLING SERVICE

Homebuilders Counselling Service exists to ensure children, young people and parents have access to appropriate and effective counselling across the West Coast.

The purpose of the counselling is:

- **To maintain the focus on the safety and well-being of children by offering up to 6 brief intervention sessions per annum (per family) to children 12 years and under**
- **To provide up to 6 brief intervention sessions per annum (per family) to parent(s) with children 12 years and under**

The Counselling Service looks for the following outcomes:

- **Improved health, welfare and educational outcomes for children, young people and their families**
- **Improved parenting skills**
- **Improved family functioning/relationships**

Process for counselling:

- A referral is made to Homebuilders
- An initial assessment is completed by Homebuilders with the client
- Clients will choose a practitioner from Homebuilders approved practitioners
- A referral is made by Homebuilders to the practitioner of choice for up to six sessions
- The practitioner may negotiate with the client for additional fees. This will be discussed between the client and the practitioner
- An evaluation is completed after six sessions and given to the practitioner and/or to Homebuilders

Name of Practitioner	Contact	Qualification	About the Practitioner
Rosa Heney	Arts Therapy West Coast Directory - Rosa Heney, The Greymouth heart Studio, 90 Tainui Street, Greymouth 7805 Ph: 021 0221 7681 Email: <a href="mailto:rosaartstherapist@gmail.com">rosaartstherapist@gmail.com</a> <a href="http://www.artstherapywestcoast.com">www.artstherapywestcoast.com</a>	- Master of Arts – Clinical Arts Therapy (ATHR) - Bachelor of Fine Arts - Diploma in Teaching (Secondary) - Diploma in Adult Education  Registered Clinical Arts Therapist (ANZACATA) Registered Educator (NZ Education Council)	Available to receive referrals for: *Individual therapy *Adults *Children (over 5) *Young people/ Youth  Particular interest in Trauma and mindful practices Work and Income counselling provider Registered counsellor with Gumboot Friday Fund (Travels to Westport once a week)
Vanessa Bruce	Homebuilders West Coast Trust 52 Mill Street, Westport Email: <a href="mailto:vanessa.j.bruce@hotmail.co.nz">vanessa.j.bruce@hotmail.co.nz</a> Mobile: 022 4566340	- Bachelor of Counselling - Certificate in Counselling and Social Work  Provisional Member of NZ Association of Counsellors	Available to receive referrals for: * Adolescents (14+) *Adults * Couples  Modalities used: Te Whare Tapa Wha/Holistic Wellbeing, Strengths- based Works in Westport

Westport Office: 52 Mill Street, PO Box 388, Westport. PH: 03 788 8065

Greymouth Office: 11 Nelson Street, Westport. PH: 03 768 6665

Email: [office@homebuilderswpt.co.nz](mailto:office@homebuilderswpt.co.nz)

[www.homebuilderstrust.co.nz](http://www.homebuilderstrust.co.nz)

Name of Practitioner	Contact	Qualification	About The Practitioner
Shelley Taylor	Homebuilders West Coast Trust 52 Mill St, Westport Ph: 03 788 8065 Email: <a href="mailto:shelley@openenergy.co.nz">shelley@openenergy.co.nz</a> Ph: 027 312 3867	- Grad. Diploma Adolescent Health & Welfare - Post Grad. Certificate in Professional Supervision  Member of Aotearoa New Zealand Association of Social Workers [ANZASW]	Able to receive referrals for: * Youth      * Children (8+)  Experience in working with youth and children  Works in Westport
Susie Bergin	8 Kilgour Road Greymouth Email: <a href="mailto:susieatcounselling@gmail.com">susieatcounselling@gmail.com</a> Ph: 027 381 4821	- Diploma in Teaching - Diploma in Counselling  Member of NZ Association of Counsellors	Available to receive referrals for: *Adults      * Couples      *Families *Children (5+) and Adolescents  <ul style="list-style-type: none"> <li>• Particular interest in Parental Functioning</li> <li>• Facilitator for “Parenting through Separation” programme on the Coast</li> <li>• EAP - Employment assistance programme</li> </ul> Works in Greymouth (Hokitika by negotiation)
Shona Preston	SP Counselling 39 Albert Mall, Greymouth Email: <a href="mailto:spc-2016@outlook.com">spc-2016@outlook.com</a> Ph: 021 203 6223	- Diploma in Counselling - Trained in Person Centred Counselling - Trained in Interactive Drawing Therapy  Member of NZ Association of Counsellors NZ ACC registered for sensitive claims	Available to receive referrals for: *Adults      *Adolescents      *Children (5+)      *Couples  <ul style="list-style-type: none"> <li>• Preferred Work and Income counselling provider</li> </ul> Works in Greymouth (Hokitika by negotiation)
Jenny Hellyer	PO Box 163 Westport 7866 Email: <a href="mailto:jennyhellyer@xtra.co.nz">jennyhellyer@xtra.co.nz</a> Ph: 03 789 7392	Postgrad. Certificate in Professional Supervision Certificate in Counselling  Member New Zealand Association of Counsellors Registered for ACC Sensitive Claims counselling EAP counsellor	Able to receive referrals for: * Parents      * Young people      * Mothers  Experience in working with people recovering from trauma  Works in Westport
Mary Smith	Westport Ph: 027 5296917 Email: <a href="mailto:marysmithcounselling@gmail.com">marysmithcounselling@gmail.com</a>	- Masters in Counselling - Post Grad. Certificate of Professional Supervision  Member of NZ Assoc. of Counselling NZ ACC registered for sensitive claims	Available to receive referrals from: *Adults (no couples) Experience in working with relationship, trauma, anxiety, and depression  Works in Westport